SAN FRANCISCO **ITALIAN** ATHLETIC CLUB

EHILL 2017

La Voce del Nostro Circolo ~ September/October 2019

MESSAGGIO DEL PRESIDENTE, Buon Anno!

Hi Everyone,

I am sitting here trying to write a column concerning the fall while in the midst of enjoying a hot summer day. It is hard to imagine that we are already into our "busy season". There are many things happening this fall with upcoming events including the Festa, Italian Heritage Day, Cigar and Steak night, as well as our annual Frank Clima Golf Tournament. These events occur as a result of committees and volunteers. They would welcome your volunteer help and this is what makes our events successful. It also gives you as a volunteer the opportunity to know your fellow members better and make your experience more enjoyable as a member.

That said, I want to give a shout out to the committee heads Manuele La Torre - Festa; John Mugnani - Cigar Night; Ryan Russo and Parker Mar - Heritage Day; Joe Marotto - Golf Tournament. They give their time to organize, schedule, obtain sponsors, manage logistical operations and seek volunteers. They volunteer their time to do all this and this is what makes our Club successful. Thanks to all of you!

We are still looking for nominations to select our Man of the Year and Old Timer of the Year. If you have a member you believe is deserving of either of these two recognitions, please send your nomination to Gina in the office at gina. travaglio@sfiac.org. We need this in writing to indicate the nominee and the nominating member.

There is a lot of exciting discussion for new and upcoming events and if you have an idea you would like to share and be involved in making happen, please let us know. This is your club and its success is dependent on your involvement. Our staff is here to collaborate and set you up for success.

I look forward to seeing you all at the many upcoming events.

I enjoy a glass of wine each night for its health benefits. The other glasses are for my witty comebacks and flawless dance moves.

Your President, Guido Perego



Ciao Tutti!

Sono seduto qui a cercare di scrivere una colonna sull'autunno mentre mi sto godendo una calda giornata estiva. È difficile immaginare che siamo già nella nostra "stagione frenetica". Ci sono molte cose che accadranno in autunno con i prossimi eventi tra cui la Festa, l'Italian Heritage Day, il Cigar and Steak night e il nostro torneo annuale di golf Frank Clima. Questi eventi si verificano a seguito di comitati e volontari. Sarebbero lieti del vostro aiuto volontario e questo è ciò che rende i nostri eventi di successo. Ti offre anche come volontario l'opportunità di conoscere meglio i tuoi colleghi e rendere la tua esperienza più piacevole come membro.

Detto questo, voglio dare un grido ai capi del comitato Manuele La Torre - Festa; John Mugnani - Cigar Night; Ryan Russo e Parker Mar - Heritage Day; Joe Marotto - Torneo di golf. Danno il loro tempo per organizzare, programmare, ottenere sponsor, gestire operazioni logistiche e cercare volontari. Si offrono volontariamente il loro tempo per fare tutto questo e questo è ciò che rende il nostro club di successo. Grazie a tutti voi!

Siamo ancora alla ricerca di nomination per selezionare il nostro uomo dell'anno e il vecchio timer dell'anno. Se hai un membro che ritieni meriti uno di questi due riconoscimenti, ti preghiamo di inviare la tua nomination a Gina nell'ufficio all'indirizzo gina.travaglio@sfiac.org. Ne abbiamo bisogno per iscritto per indicare il candidato e il membro designante.

C'è un sacco di discussioni entusiasmanti per eventi di eventi nuovi e futuri e se hai un'idea che vorresti condividere ed essere coinvolto nel far accadere, faccelo sapere. Questo è il tuo club e il suo successo dipende dal tuo coinvolgimento. Il nostro staff è qui per collaborare e prepararti al successo.

Non vedo l'ora di vedervi tutti ai numerosi eventi in programma.

Mi piace un bicchiere di vino ogni sera per benefici di salute. Gli altri bicchieri sono per le mie spiritose e impeccabile mosse di ballo.

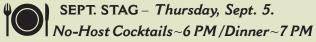
Il vostro presidente, Guido Perego

STAG DINNER

STAG DINNER SCHEDULE

All tickets for the Stag dinner must be purchased by 5PM on the Friday before Stag night. *No refunds*.

- Purchase tickets online at www. SFIAC.org. You may pay with cash, check or credit card through the Club office at 415.781.0166 or e-mail your ticket request and seating preference to gina@ SFIAC.org.
- Stag dinners are for Club members and their male guests.
- **Discount Parking Available** nearby at APM Parking, 721 Filbert Street (Sunday-Thursday). Parking tickets **MUST** be stamped at the Club bar to receive the discounted \$10 flat rate.



Menu: salad, antipasto, pasta with pesto; chicken cacciatore, wine, coffee and dessert. Cost is **\$35** for members and **\$45** for guests. *Tickets MUST be purchased by Friday, August 30.*

OCTOBER STAG – Tuesday, Oct. 1 No-Host Cocktails~6 PM /Dinner~7PM

Menu: salad, antipasto, sausage and peppers with polenta, wine, coffee and dessert. Cost is **\$35** for members and **\$45** for guests.

Tickets <u>MUST</u> be purchased by Friday, September 27.

NOVEMBER STAG – Thursday, Nov 5. No-Host Cocktails~6 PM/Dinner~7 PM

Menu: salad, antipasto, cheese tortellini with tomato cream, lamb shank, wine, coffee and dessert. Cost is **\$45** for members and **\$55** for guests.

Tickets <u>MUST</u> be purchased by Friday, November 1.

COMING SOON

Monday 9/2 – Club closed - Labor Day Thursday 9/5 – September Stag Dinner Saturday 9/7 – SFIAC Festa Coloniale Monday 9/9 – SFIAC Golf Tournament Tuesday 9/17 – Board and General Meeting Thursday 9/19 - Cigar and Steak Thursday 9/26 – Prime Rib Dinner Buffet Tuesday 10/1 – October Stag Dinner Sunday 10/13 – Italian Heritage Day: Parade, Lunch and Dinner Tuesday 10/15 – Board and General Meeting Friday 10/21 – Deadline for Bylaw Change Submissions Thursday 10/24 - Prime Rib Dinner Buffet Saturday, 10/26 - Caesar's Legends Dinner Tuesday 11/5 – November Stag Thursday 11/14 – Prime Rib Dinner Buffet Tuesday 11/19 – Board and Bylaws Meeting Thursday 11/21 – Members' Event – Holiday Kick Off Thursday 11/28 – Thanksgiving - Closed Friday 11/29 – Post-Thanksgiving – Closed Friday 12/20 - Club Christmas Lunch Saturday, 12/21 - Kids' Christmas Party (Day) and Club Christmas Party (Evening)

UPCOMING EVENTS

Prime Rib Dinners in the Members' Bar

Thursday, September 26 Thursday, October 24 Thursday, November 14 6-8 p.m. Casual buffet dinner for members and their guests Menu **House Salad** Baked potato bar with sour cream, butter, chives, bacon bits and cheddar cheese Creamed Spinach Prime Rib with au jus and horseradish aioli \$40 inclusive Purchase tickets by prior Tuesday. www.SFIAC.org or 415.781.0166

FESTA Saturday, September 7, 11 AM – 6 PM



Come for a festival of food, drink, music, culture and family fun in beautiful North Beach. 13-time World Pizza Cup champion Tony Gemignani will bring his pizza tour to the SFIAC to wow the home crowd. There will be wine tasting, Aperol spritzes, food, Italian-themed vendors; Italian scooters, motorcycles, and cars (parked along the "Square.")

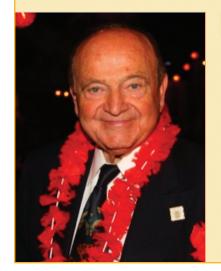
Introducing angolo dei bambini ("kids' corner") with face painting, a marionette show and music for the bambini. Stockton Street will be closed from Union Street to Filbert Street for all the music, demonstrations and exhibits.

Full details: www.SFIACfesta.com



JOIN US FOR EVENING WITH

Caesar's ITALIAN RESTAURANT LEGENDS JOHNNY BRATTESANI AND GIGI FIORUCCI



SATURDAY, OCTOBER 26, 2019
6 P.M. COCKTAILS / 7 P.M. DINNER
MENU
MARINATED PIGS' FEET, COLD
MEATS, SALAD, BEEF RAVIOLI
WITH MEAT SAUCE, PENNE WITH
PESTO SAUCE, GRILLED SALMON,
CHICKEN PICATTA, ZUCCHINI,
POTATOES, DESSERT AND WINE
\$85 PER PERSON
WWW.SFIAC.ORG OR 415.781.0166



151st Italian Heritage Day Parade, SFIAC Lunch and Dinner, Sunday, October 13

Our Italian Heritage Lunch has sold out. Grazie mille for all your interest. We are offering prepacked lunch to go. Please see the enclosed ad for details. The bar in the ballroom will open at 10 a.m.

The members' bar will be open to members and up to six of their guests starting at 10 a.m. the day of the parade. Wristbands will be passed out in the SFIAC lobby beginning at 10 a.m.

Lunch will be served at 12:30 PM.

Italian Heritage Day Dinner

Menu: Mixed greens with apples, dates, toasted walnuts and pecorino cheese; trofie pasta with pesto, rigatoni with meat sauce, brick-pressed chicken with lemon and herbs, roasted potatoes, seasonal vegetables and wine, coffee and tea with dessert.

5:00 PM No-Host Cocktails / 6:00 PM Dinner

Price: \$60 per person. Purchase tickets online at www.SFIAC.org or through the Club office at 415.781.0166.







Volunteers Needed

Festa will be held on September 7 and Italian Heritage Day on October 13. We are seeking members to assist the day of the event. All new members must volunteer for at least one event per year. Please email gina@sfiac.org with your availability.

HOW TO JOIN THE SFIAC

If you want to join one of the best fraternal organizations in the nation, here's all that your friends and relatives need to do: Get a membership application at the Club bar or online at **www.SFIAC.org**. Then, e-mail the membership chairman, **Joe Ostarello**, at **joe.ostarello@SFIAC.org** for an interview time. After successfully completing the informal meeting, candidates will be admitted conditionally, pending approval by the board of directors. Initiation and dues' payments may be made by check or credit card at the successful conclusion of the pre-membership interview.

General Meeting Prize Drawing

A continuing feature for the General Meeting is the drawing for a monetary prize. Each meeting, an active Club member's name will be drawn and if that member is present, he will win the prize pool. The prize pool will increase \$25 for each month that the pool is not claimed.

Monthly General Meeting

Come have some pasta, salad and wine at our monthly General Meeting which is held monthly, on the third Tuesday of every month, beginning at 6:30 PM. This meeting gives the members an opportunity to share their opinion and hear the latest Club developments. It is also an opportunity to meet other members and talk to committee heads for those activities that you may be interested in joining.

Committees

The SFIAC runs on committees and we are looking for your involvement. Without committees, Club functions simply would not exist. The following are the committees you may consider joining:

Financial, Communications, Technology, Sports, Golf, Bocce, Statuto Race, Membership, Social, Italian Heritage Day, Merchandise, Festa, Raffle, By-Laws, Children's Christmas, Wine, Bar and Language.

Do yourself and the Club a favor at the same time – get involved. Please e-mail joe.ostarello@SFIAC.org and let us know the committee you have interest in and the committee chairperson will be calling you back. It is a way to be involved in your Club as well as expand your circle of friends.

Friday Night Buffet

The ever-enticing Friday night buffet in the members' bar will continue in 2019. Enjoy a cocktail, dinner and the game with fellow members and friends. Food comes out at 6:30 PM. The buffet is complementary to members and their guests.

NEW MEMBERS

Welcome to our six new members inducted in July. New members include brothers Andrew and Michael Storer and roommates Jason Schira and Michael Calderone. We anticipate that our membership will continue to grow throughout the rest of the year and we welcome all applications. It should also be noted that if any member sponsors at least two people inducted into the Club this year, he is eligible for a free stag dinner.



Jason Schira



Christopher Self



Andrew Storer



Michael Lyons



Michael Calderone



Michael Storer

SFIAC RECENT EVENTS



SFIAC and Guardsmen members came together to wish farewell to Trent Calabretta before his cross country move. Good luck Trent! You'll be missed.

The prime rib dinners in the members' bar have turned out to be a big hit! In July, forty-five attended the dinner; including, Nick Errico and friends. Sign up for the next dinner today.



Fifty members and friends turned out for our first summer social. It was a perfect summer evening to enjoy dinner and cocktails on the balcony. Our next social will be November 21. Join us to kick off the holiday season (details TBD).





Members and friends toasting Mike Olcese an early birthday.



SFIAC Members' 2019 Dues

It's never too late to pay your 2019 dues. Dues for all category of members may be paid online (where event tickets are sold), calling the office or mailing payment. Please contact me with any questions. Gina Travaglio, Membership 415.781.0166 or Gina@SFIAC.org.

MESSAGE FROM Chief Operating Officer

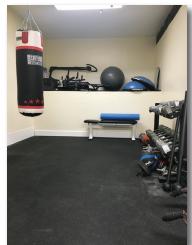
Last issue,

we promised a completion report regarding the weight room and locker room. The feedback has been overwhelmingly positive from longtime and new members alike. The weight-room footprint was expanded and enhanced with a new rubber flooring. The rubber protects the underlying floor from the weights while providing comfort to users during their workouts. A fresh coat of paint and new LED lighting freshened the space. Some underutilized and damaged equipment was removed-freeing up space for new equipment. Contact member Andrew Humaydan who is fundraising for a new squat rack and other pieces of equipment if you are feeling generous.

The locker room was completely remodeled with new rough plumbing, fixtures, flooring, wall-mounted lockers and a custom bench. Three new shower doors were installed in the existing facilities and the steam room has never been hotter! The exhaust fan was replaced on the roof, greatly improving air circulation. There is chilled Alhambra water available and towel service, so come use the Club for a workout, steam, and shower. A big thank you to John our plumber, Giovanni our carpenter, and Al Cipollina (from the Building Association) for their contributions to this project.

Thank you, Nicolas Figone, COO







Donations for new Gym Equipment

Membership to the SFIAC gym is the best deal in town. In an effort to further improve the gym, we are seeking donations for new gym equipment. Joe Ostarello, Andrew Humaydan and Anthony Russo have generously contributed \$200 each and Lou Pinotti \$500. If you would like to make a donation, contact Gina at gina@sfiac.org or 415.781.0166. Let's keep this momentum going!



MESSAGE ABOUT THE CLUB BYLAWS

The November General Membership meeting on Tuesday, November 19, 2019, has been designated as SFIAC's annual Bylaws' meeting. During this meeting, changes to the Bylaws will be discussed and voted on. It is critical to the continued existence of the club that this extremely important meeting be conducted with the required quorum of 50 members in attendance. Mark your calendars and plan to attend. It's our most important membership meeting of the year.

Submissions for Bylaws changes *must be received by the bylaws chair by Monday, October* 21, 2019. Bylaws proposals must be submitted in writing by this date. Any proposals received after this date will not be accepted for this year's consideration.

In effect, all Bylaws must be presented in the order described on the Bylaws' Revision Form. Updated Club bylaws and additional change forms are available for viewing and are downloadable on the SFIAC website: www.sfiac.org. Copies can also be picked up at the Club bar and/or office.

Submit your change proposals - typed, or printed in English and typo-free to Marc Libarle, Bylaws chair, at administration@sfiac.org. Please include SFIAC Bylaw in your e-mail subject line. You may also drop off change proposals in person at the Club

The following is the procedure that must be followed for each bylaw submission:

Name of member citing the bylaw.

Original bylaw must be cited by the Article and Section; it must then be typed or printed as stated in the bylaws.

Change must be typed or printed in English.

Reason for change must be given.

Members will be given a copy of all changes submitted during the meeting.

Change(s) will be presented by originator before the membership at the bylaws' meeting.

Members will vote yes or no or abstain for each change submitted.

Order of presentation will be based on first received.

Marc Libarle, Bylaws' Chairman



Festa Coloniale Italiana Saturday, September 7 11 AM - 6 PM ENTERTAINMENT

11 a.m. Tatiana

11:50 a.m. John DeMers and his Sinatra tribute

12:50 p.m. Ricco Italian Dancers 1:10 p.m. Sonamo

2 p.m. Moreno Fruzzetti3 p.m. Ricco Italian Dancers

3:30 p.m. 13-time world pizza champion

Tony Gemignani pizza acrobatics

4 p.m. Aaron Caruso

5 p.m. Steve Albini and il Sole

Fall 2019

Italian Language Classes
Classes begin Sept. 9, 10 week sessions
Weeknights 7 PM-9 PM
Saturdays 11 AM-1 PM

Class Pricing

- · Non-Members \$250, Members \$150
- All returning students receive a \$25 discount
- Sign up by Sept 2 and receive a \$25 discount.
- •Contact gina@sfiac.org or 415.781.0166 to purchase gift certificates.

Class Schedule

· Continuing Italian 1B -

Mondays Sept. 9 - Nov. 11

· Beginning Italian 1A -

Tuesdays Sept. 10 - Nov. 12

· Intermediate / Advanced Conversation -

Wednesdays Sept. 11 – Nov. 13

· Advanced Italian IC -

Thursdays Sept. 12 - Nov. 14

· Italian IA For Travelers -

Saturdays Sept. 14 - Nov. 16

SPORTS



SFIAC Bocce Tournament

Thank you to Joe Scafidi for putting together another great bocce tournament.

Congratulations to 1st place team, One More and Then We Go and 2nd Place team, Big Tone's Ringers. Save the date for August 15, 2020.







Monday, September 9 San Francisco Italian Athletic Club's Annual Frank Clima Memorial Golf Tournament



Join us on Monday, September 9 for our annual Frank Clima Memorial Golf Tournament at the Indian Valley Golf Club in Novato, CA. Registration and lunch is at 11:30 AM with a 1 PM shotgun start -scramble format. Cost is \$175 for SFIAC members and guests and includes green fees, golf cart, tee prizes, barbecue, raffle and hosted wine with prime rib dinner. Get a foursome or play solo. Male and female players welcome. Download an application at www.SFIAC.org, email or call Gina gina@SFIAC.org, 415.781.0166. All entries must be received by September I to meet the tournament obligations.

Not a golfer? You can still attend the dinner and awards ceremony for \$50 after the tournament. The raffle benefits our Club's Children's Christmas Party.

Questions? Call Joe Marotto at 415.846.2865 or joemarotto@comcast.net.

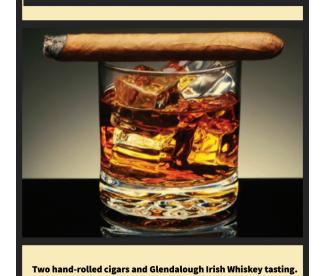
Gifts needed for tournament raffle: Business or individuals wishing to donate prizes for the raffle, please contact Joe Marotto ASAP. Grazie mille!

Join Aquatic Park Bocce Ball Club to preserve an Italian SF Institution

The historic courts and clubhouse in Aquatic Park need new members to join the club to cement its place on federal land. Please consider joining in solidarity with a historic institution. Dues are only \$20/year. Send a check payable to Aquatic Park Bocce Club c/o of the SFIAC or drop off cash at the office. Include your name and phone number, please.



CIGARS AND IRISH WHISKEY THURSDAY, SEPTEMBER 19



salad, starter, steak, sides, desert and wine. \$85 for members and guests (men only) Purchase tickets at www.SFIAC.org or 415.781.0166









SFIAC Events

Host your next gathering at the Club. Weddings, graduation, birthday or corporate event, we have the space for you.

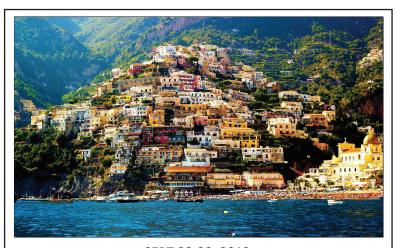
www.SFIAC.org
events@SFIAC.org



October Stag Sausage and Peppers with Polenta Tuesday, October I

Menu: salad, antipasto, sausage and peppers with polenta, wine, coffee and dessert. Cocktails ~ 6 PM / Dinner ~ 7 PM \$35 for members and \$45 for guests. Purchase tickets by Friday, September 27. www.SFIAC.org





SEPT 22-30, 2019
- Napoli + Amalfi Coast SlowTravelwithLisa.com
\$400 OFF for SFIAC family & friends – Grab last 2 spots!



Club & Bar Hours

	CLUB	BAR		
Mon	1 PM until 10 PM	2 PM		
Tue	1 PM until 11 PM	3 PM		
Wed	1 PM until 10 PM	2 PM		
Thu	1 PM until 10 PM	2 PM		
Fri	1 PM until 11 PM	3 PM		
Sat	1 PM until 11 PM	3 PM		
Sun	10 AM until 5 PM	10 AM		

Office Hours The SFIAC is open

Monday to Friday from 9 AM to 5 PM



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MERCHANDISE

Nike Golf Dri-Fit ½ zip cover ups in black S-2XL \$85. New women's fleece in black, red and royal blue. Windbreaker \$40, black long-sleeved fleece \$40, 100-year centennial t-shirts in red, royal, navy and black \$20, SFIAC clock \$35. We have two types of logo sweatshirts in three different colors. Antigua zip ups in navy and pine green and pull overs in red and pine green. Available S – 2XL \$40. See our Instagram page for more pictures @sfitalianathleticclub. Visit the members' bar or contact Gina at gina@sfiac.org for purchase.



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www.pinottiandassociates.com



john@figonetravel.com 800-826-4333 www.figonetravel.com 650-595-7750 Fax 650-594-9048



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CLUB CALENDAR AT-A-GLANCE

MONDAY

2 CLUB CLOSED

TUESDAY

3

26

BYLAW MEETING

SUNDAY

24

25

All events and dates are subject to change

30

SATURDAY

7 SFIAC FESTA

FRIDAY

6

þe	8	9 GOLF TOURN.	10	11	12	13	14
Septembe	15	16	17 BOARD AND GEN. MEETING	18	19 CIGAR AND STEAK	20	21
	22	23	24	25	26 PRIME RIB DINNER BUFFET	27	28
	29	30					
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
October			1 oct stag	2	3	4	5
	6	7	8	9	10	11	12
	13 ITALIAN HERITAGE DAY	14	15 BOARD AND GEN. MEETING	16	17	18	19
	20	21 BYLAW SUBMISSION	22	23	24 PRIMERIB DINNER BUFFET	25	26 CAESAR'S LEGENDS DINNER
	27	28	29	30	31		
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
November						1	2
	3	4	5 NOV STAG	6	7	8	9
	10	11	12	13	14 PRIMERIB DINNER BUFFET	15	16
Z	17	18	19 BOARD AND	20	21 HOLIDAY	22	23

27

WEDNESDAY

4

THURSDAY

5 SEPT STAG

KICK OFF

28 CLUB CLOSED

29 CLUB CLOSED